



Recognizing the Best in Fitness for 10 Years (2004-2014)



HAPPENINGS AT THE HALL

Official e-Newsletter of the National Fitness Hall of Fame (NFHOF)



From the Desk of the Founder

This is an exciting time for us at the National Fitness Hall of Fame (NFHOF). We are currently celebrating our 10th Anniversary year and now we welcome in a new mission & vision.



New Mission: *Preserve the past, recognize the present and inspired the future of the health & fitness industry.*

New Vision: *Is the leading and most visible body that preserves and recognizes accomplishments in the health & fitness industry.*

I want to thank Tom Campanaro, Bill Crawford, Cathe Friedrich, Mark Rothstein and Scott Goudeseune for help in creating this as well as input that was provided during a Strategic Planning meeting held on July 14th. As Scott sums up the meeting, "Thank you for your time and input at the NFHOF meeting – I believe it was successful and we collectively retrieved a lot of great information." ~ Scott Goudeseune, President & CEO of ACE

Look for a lot of great improvements and enhancement from the NFHOF in the next few months as we continue to get "Better & Better!"

We will also be posting revised Induction Criteria & Process and should have that ready by Sept 15th, 2014 so please check our website and also look for the fall issue of "Happenings!"

Stay Fit & Be Well, John Figarelli

Upcoming Special Event

**IDEA World Fitness Convention
August 13-17, 2014 - Anaheim, CA**

The IDEA World Fitness Convention is the premier conference that features the freshest, most diverse educational programming from world-renowned presenters. For more information visit:

www.IDEAfit.com



NFHOF Fittest Couples

"The Brangalinas of Fitness"

Brad Pitt and Angelina Jolie may have captured Hollywood's attention but the following four couples have the attention of the fitness industry.

The superstar couple pictured below was inducted into The National Fitness Hall of Fame this year and for more than 30 years; Peter & Kathie Davis have been molding the landscape fitness. They co-founded the IDEA back in 1982 and it has



The Davis

become, "The World's Largest Association For Fitness & Wellness Professionals." Peter & Kathie recognize their members saying, "We are grateful to all of IDEA's loyal fitness leaders who have helped us anticipate the needs of our growing profession and respond by providing innovative solutions!"

The first couple inducted into the NFHOF was Nancy and Dr. Phil Claussen, DC, back in 2009. This power couple has a long list of accomplishments in their health and fitness careers including being named Strength and Conditioning coach for the Bahamas' Olympic Team. Nancy also created one of the first aqua-conditioning classes back in the '80's called "Swimnastic. Both believe in keeping up a healthy lifestyle which...

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The Claussens

Professional Members of the National Fitness Hall of Fame are recognized for their great work in helping our great nation get fit and stay healthy!



Our Newest Professional Members

- John Azari – www.johnthebeast.com - (CSA Level – Master-II)
- Clark Bartram - www.clarkbartram.com - (CSA Level - Master-II)
- Robert Boyce Jr. - www.teamachievefitness.com - (CSA Level – Elite)
- Jim Cipriani - www.jamescipriani.com - (CSA Level – Master)
- Leigh Crews - www.leighcrews.com - (CSA Level - Master-II)
- Dr. Robert J. Haley, DC - www.haleyhealth.com - (CSA Level - Master-II)
- Greg Justice - www.gregjustice.com - (CSA Level - Master-II)
- Mike Michelakis - www.mikemichelakis.com - (CSA Level – Master)
- Dr. Noelle OConnor, DC – www.yorkchiropractic.net - (CSA Level – Elite)
- Clint Phillips - www.clintphillips.com - (CSA Level – Master-II)
- John Platero – www.johnplatero.com – (CSA Level – Master-II)
- Lee Roupas - www.LeeRoupas.com - (CSA Level – Specialist)

Above – Greg Justice earns a NFHOF - CSA Plaque for serving more than 25 years in the health & fitness industry. [Career Service Awards](#) are awarded to NFHOF Professional Members meeting all requirements. (See website for details).

Above-Left: CEO of the American Council on Exercise (ACE), Scott Goudesenuue congratulates John "The Beast" Azari, Clint Phillips, Mike Michelakis and Big Lee Roupas during the 2014 NFHOF VIP Meet & Greet Social.



"Making a Difference, Outside the Gym!"

Downtown business owner Bill Crawford is the latest candidate to announce for Scottsdale City Council

Bill Crawford, owner of Basic Training, is president of the Association to Preserve Downtown Scottsdale's Quality of Life, a group that has fought against noise and other issues related to Scottsdale's bar district. He said many people from the business community encouraged him to run. Crawford, who was inducted into the 2012 National Fitness Hall of Fame, is president of Maricopa County Sheriff's Office McDowell Mountain Mounted Search and Rescue, and is a commander with the Sheriff's Posse. (All of us here at the NFHOF are pulling for him.)

If you are not smiling, laughing and having a great time at a National Fitness Hall of Fame Meet & Greet, you are doing something wrong!



The Merriment continues at our website: www.NationalFitnessHallofFame.com

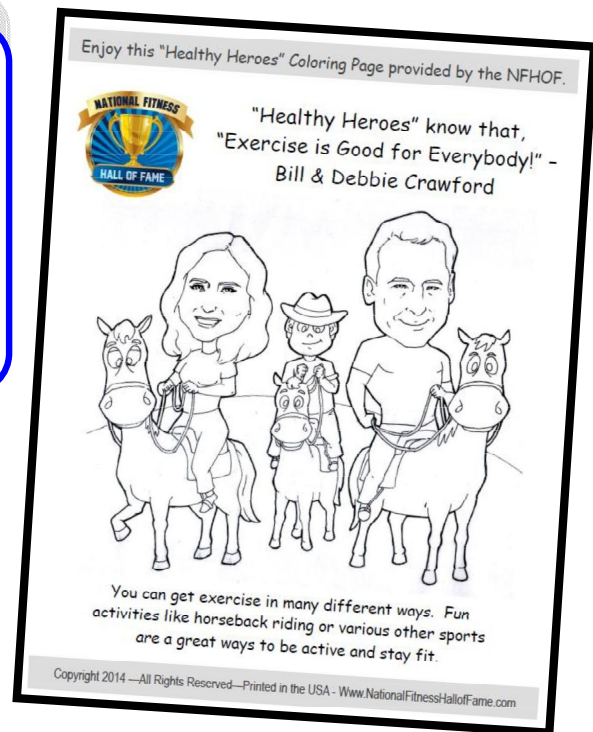




Bill & Debbie Crawford are just two of our many "Healthy Hero Leaders."

Over a year in the making, Our "Healthy Hero" Activity & Coloring pages are now available for FREE DOWNLOADING AT OUR WEBSITE - www.NationalFitnessHallofFame.com

One of the NFHOF's educational programs caters to the youth of America. Our "Healthy Heroes" pages educate & inspire the youth of America to develop the habits of healthy living, starting at an early age. Please download & print some of the coloring/activity pages found on our website. More added each month!



A "Dear John" Letter That We Love...

Dear John, I wanted to sincerely thank you for letting me be a part of the 2009 National Fitness Award Banquet. This ceremony was the best I have ever attended in my 60 year career in the fitness industry.

*The Lifetime Achievement Award is a dream come true for me that I will cherish forever. John, I would like to thank you and your staff for extending a warm welcome and taking excellent care of me.
Your Friend, Dr. Bob Delmonteque*

The National Fitness Hall of Fame fondly remembers Dr. Bob Delmonteque (1919-2011)



Point of interest: Dr. Bob Delmonteque receive the NFHOF's LAA in 2009 and then was inducted into The National Fitness Hall of Fame in 2010. Typically it is the other way around.

National Fitness Hall of Fame - On Facebook!

Facebook Page - 122 LIKES (Like Us today!)

<https://www.facebook.com/nationalfitnesshalloffame>

See what's on the **NFHOF YouTube Channel** –

<http://www.youtube.com/channel/UCoqnAExnFSbRpmAd-Zsx6Sw>

Is this the Future of Fitness?
Find out in our next issue.

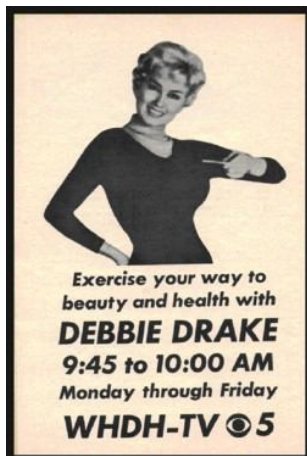


Fun Facts from "The Hall"

Debbie Drake was the first high-profile female TV fitness stars. Her syndicated programs, "The Debbie Drake Show" and "Debbie Drake's Dancercise," aired from 1960-1978.

Also during the 1960's, the *Modern Health Club* became

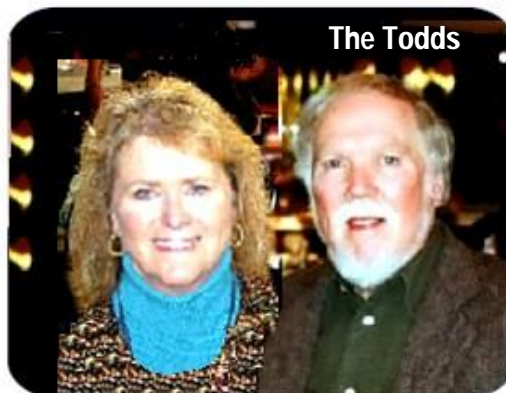
big business. At this time the "King of the Health Club" was Vic Tanny. His innovation was to use bright colors, wall-to-wall carpeting, full-length mirrors, chrome machines and inspiring background music which was a sharp contrast to the gloomy gymnasium typical in that day. To learn more about the history of fitness, please visit our website – www.NationalFitnessHallofFame.com



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motivates them to stay up on the latest information on health and nutrition.

Inducted in 2009 & 2010 respectively, Jan & Terry Todd are both professors at the University of Texas @ Austin with impressive resumes. One of their great achievements was creating the Stark Center for Physical Culture and Sports on the UT-A campus. This world-class facility is dedicated to scholarship in the fields of physical culture and sports and the Todd-McLean Collection of physical culture is the largest in the world!



Charile Kuntzleman was inducted into the NFHOF back in 2008 and his wife Beth just joined him as an inductee this year. Both are fitness innovators, researchers, writers, product developers and motivators and back in 1969 they started "Fitness Finders, Inc." to help the youth of America get fit and be healthy; and when they say they are "Shaping America's Future" they mean it as they work with more than 30,000 teachers and youth leaders in various service organizations to accomplish their mission.



Learn more about all our inductees at our website!



From all of us here at the NFHOF, thanks! It's been a great 10 years! We are hoping to see even greater things from *The Hall* in the future! - ~ The Figarellis

Did You Know?
The NFHOF has the largest collection of autographed fitness memorabilia in the world!



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